

## Harm Reduction Circle

501(c)(3) Nonprofit Organization Established 2021

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## Nightlife Harm Reduction at No-Cost

### An Overview of Services Available by Harm Reduction Circle



HarmReductionCircle.org

My name is Annastasia Rose Beal, & I am reaching out on behalf of Harm Reduction Circle, a 501(c)(3) nonprofit organization with an unwavering commitment to reducing overdose & drug-related harm, particularly within nightlife settings & marginalized communities. As the Executive Director of this organization, I am proud to present our comprehensive no-cost harm reduction services, catered specifically to nightlife settings. As we approach our fourth year working in the nightlife space, we are eager to collaborate with your event during the upcoming 2024 festival season, extending our services throughout Western states & beyond on a case-by-case basis.



Harm Reduction Circle is powered by hundreds of dedicated individuals across the United States, & offers an extensive range of customizable harm reduction services—all at no cost. These include vital components such as creating a non-judgmental atmosphere we call the Inner Circle Sanctuary, offering one-on-one peer support & education to reduce the harms associated with substance use, leading training workshops to event attendees & staff, drug checking services, Naloxone distribution &, the provision of essential supplies. Our volunteer roster consists of hundreds of compassionate & well-trained volunteers who play a pivotal role in delivering evidence-based strategies that positively impact event attendees.



We recognize the unique challenges inherent in nightlife settings & are committed to providing fully customizable harm reduction services tailored to prioritize the well-being of attendees. We work with event organizers & their staff to craft personalized harm reduction plans to address the diverse needs of each event. This can include not only our tailored harm reduction services, but can also include ADA accessibility, building community partnerships, conducting interactive training sessions or workshops, & the creation of safe spaces—all at absolutely no cost to you.

This introduction is merely a prelude to the detailed insights into our specific no-cost, customizable harm reduction services, designed to make your event safer, healthier, & more enjoyable. We will dive into details about each of our nightlife services in hopes of establishing a partnership between you, & Harm Reduction Circle—where your safety & the well-being of your attendees come first.



### **Creating a Customized Harm Reduction Plan**

Harm Reduction Circle was founded on the principle that a one-size-fits-all approach in the context of nightlife harm reduction will not always align with the diverse landscapes of events. At the core of our commitment is a belief that each event is a unique tapestry, & a fundamental aspect of our approach is to work with event organizers to design a custom harm reduction plan with strategies specific to the event's characteristics & risks. This could involve developing targeted communication plans, crafting specialized drug education & outreach initiatives, & even creating unique safe spaces designed to meet the distinctive needs of your attendees. Customization means more than flexibility, & enables organizers to plan. We can adapt each aspect of our approach to craft an experience that meticulously prioritizes safety, inclusivity, the responsible enjoyment of attendees, & caters to the dynamic vision of event organizers.

As we create a tailored harm reduction plan that seamlessly integrates with the intricacies of each event, we are able to work alongside security personnel to develop de-escalation protocols, collaborate with medical staff to ensure effective overdose response & warm hand-offs between medical staff & the harm reduction team, & coordinate with local law enforcement to establish clear protocols as-needed. Whether your event is a lively music festival, an intimate gathering, or a large-scale affair, our services are adaptable to the specific characteristics & risks associated with each setting, & we believe that the success of harm reduction lies in its seamless integration into the fabric of your event, enhancing its safety & overall experience. Our goal is not just to provide a service but to co-create an environment where attendees feel secure, informed, & empowered.





### **Inner Circle Sanctuary**

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Step into our Inner Circle Sanctuary—an inviting haven thoughtfully designed within the vibrant nightlife tapestry. As you enter this secure space, it becomes evident that every detail is meticulously crafted to prioritize your well-being and provide a refuge from the lively energy of the event. Plush inflatable couches, soft rugs, and an array of inviting pillows are strategically arranged to offer diverse seating choices, allowing individuals to tailor their experience for maximum comfort. Gentle, ambient lighting further enhances the serene atmosphere, fostering tranquility amid the dynamic surroundings.

This sanctuary is more than a physical space; it's a manifestation of our dedication to inclusivity and non-judgment. Whether you seek a moment of respite, need assistance, or simply desire a tranquil corner to unwind, our Inner Circle Sanctuary is designed to cater to your needs. It's a place where individuals can feel secure, valued, and free from judgment—a sanctuary within the heartbeat of the event. Join us in co-creating an environment that prioritizes not only physical comfort but also mental and emotional well-being. Step into this welcoming space, take a deep breath, and let the sanctuary embrace you in its warm and inclusive atmosphere.

#### Size Options:

Choose the perfect fit for your event space with our flexible harm reduction service size options. Whether you have a spacious 20x20ft area, a versatile 10x20ft setup, or a compact 10x10ft footprint, Harm Reduction Circle adapts to enhance safety. Placing emphasis on both 10x10ft and 10x20ft configurations, we ensure a seamless integration into the unique layout of your event. Custom size options are also available upon request, showcasing our commitment to tailoring harm reduction plans to meet your event's specific needs. Let's collaborate to design a solution that prioritizes safety, inclusivity, and responsible enjoyment for all attendees, regardless of your event space size.



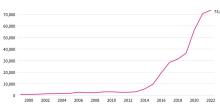
#### **Comprehensive Drug Checking Services**

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Within the dynamic realm of nightlife, the presence of drug use remains a prevalent & undeniable reality. Harm Reduction Circle acknowledges the inherent challenges & risks, & in responses we advocate for an approach that empowers individuals to make informed decisions about their substance use. At the heart of our strategy lies comprehensive drug

checking services which utilizes the use of reagent test kits, enabling participants to detect nearly 100 different substances in a given sample. At the heart of our strategy lies comprehensive drug checking services which utilizes the use of reagent test kits, capable of detecting nearly 100 different substances in a given sample. By empowering individuals with knowledge about the substances they may consume, we empower individuals to make informed decisions





about their substance use.

In the current landscape of nightlife, a pressing issue revolves around the heightened prevalence of fentanyl, a synthetic opioid linked to a staggering number of overdoses. Shockingly, in 2022, fentanyl



played a role in an estimated 73,654 overdose deaths in the United States, constituting over 68% of all drug overdose fatalities that year.

A study disclosed in the Addiction Journal revealed that 1 in 10 nightclub attendees reported encountering an overdose in the preceding year. Another study underscored the gravity of the

situation, indicating that the overall prevalence of fentanyl co-occurring with other substances, such as cocaine, MDMA, & more, without the user's awareness, resulted in up to 27.6% of samples testing positive for fentanyl *(varying by location)*. Acknowledging the alarming presence of fentanyl in the drug supply & its profound threat to the nightlife scene, we prioritize the incorporation of fentanyl test strips as a crucial component of our drug checking services.

Source: Centers for Disease Control and Prevention. (2023). Provisional Drug Overdose Death Counts. Retrieved from: https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm





Understanding the sensitivity of the drug checking process, we offer the option to conduct drug checking discreetly, possibly at a secondary site. This ensures that individuals can access vital drug checking services to address the evolving landscape of substance use, but

also proactively mitigates potential risks to event organizers & venue owners. We recognize that the nature of events varies, and organizers have the flexibility to modify or remove this service based on their event's unique requirements. This commitment to providing accurate, discreet, and adaptable drug checking services reflects our overarching mission to enhance the well-being & safety of event attendees.

It is important to note that drug checking services do not encourage or endorse drug use. Rather, drug checking provides individuals with the information they need to make informed choices about their substance use. In reality, drug use is inevitable in some nightlife settings, & drug checking services serve as a valuable tool to mitigate potential risks.





#### **General Harm Reduction Education**

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Prioritize the safety and well-being of event attendees through comprehensive harm reduction education campaigns before and during events. These initiatives aim to educate participants about the risks associated with substance use, responsible drinking, and safe partying practices. By fostering awareness and providing information, we empower individuals to make informed decisions concerning their health and overall well-being.

## **Event Planning Consultation**

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Our event planning consultation services are designed to empower organizers in incorporating comprehensive harm reduction principles into their events. We provide guidance on venue layout, security, and medical services, ensuring a proactive and well-integrated harm reduction approach. By collaborating with organizers, we tailor our recommendations to the unique aspects of each event, fostering a safer and more responsible environment. Our expertise extends beyond mere suggestions—we work closely with organizers to create an event blueprint that prioritizes harm reduction, promoting an inclusive and secure atmosphere for all attendees.





#### **Empowerment Through Peer Support**

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One of the cornerstones of our commitment at Harm Reduction Circle is peer-to-peer education & support, a powerful tool in fostering safer & more informed communities. To ensure that event attendees are equipped with the essential information needed to make informed decisions about their well-being, we offer an extensive collection of over 15 educational brochures & flyers that cover a spectrum of harm reduction topics. Our educational materials are carefully curated to address diverse aspects of risks associated with nightlife settings, along with evidence-based harm reduction practices. From fundamental principles to more specific topics such as overdose response, CPR techniques, Naloxone *(Narcan)* administration, & understanding consent. Beyond the basics, our educational materials delve into intricacies like drug identification, local drug laws, & various harm reduction strategies.

Our comprehensive resource library aims to increase awareness, dispel myths, & foster a deeper understanding of the substances & environments prevalent in nightlife settings. Our aim is to contribute to a lasting impact, where individuals leave not just entertained but armed with the knowledge to make safer choices. We strive to create a sense of collective responsibility & illuminate the path towards a safer & more informed nightlife community for all.



### **Roaming Services**

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#### On Foot:

Our Roaming Services on foot bring harm reduction directly to the heart of the event. Trained volunteers move dynamically throughout the venue, engaging with attendees, and delivering harm reduction information, support, and supplies where needed. This on-foot approach ensures a proactive and responsive harm reduction presence, fostering a sense of community and safety among event participants.

#### On Onewheel or PEV:

Take harm reduction services to new heights with our Roaming Services on personal electric vehicles (PEVs) or Onewheels. This mobile approach covers larger event spaces efficiently, offering harm reduction services and assistance to a wider range of attendees. The visibility and accessibility of harm reduction services are enhanced, contributing to a safer and more inclusive event experience.



#### Overdose Response Training + Take-Home Narcan

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In our commitment to Narcan education & distribution, Harm Reduction Circle places a strong emphasis on comprehensive training led by certified overdose response trainers. Through brief **5-Minute Overdose Response Training** sessions, participants gain crucial insights into recognizing the signs of an opioid overdose, learning the proper administration of Naloxone, & ensuring a swift & effective response in emergency situations. Individuals not only receive a supply of **Take-Home Narcan Nasal Spray** (*Naloxone*), but as part of this initiative are also provided with a "Naloxone Administration Training Certificate of Completion" card, affirming their acquired skills through our brief 5-minute training.

It's important to highlight that Narcan Nasal Spray, a life-saving opioid overdose reversal medication, is available over the counter (OTC), allowing for convenient take-home access. This means individuals can obtain Narcan Nasal Spray without a prescription, empowering them to have this essential tool readily available for use in various settings. Furthermore, it's significant to note that Narcan Nasal Spray is legal to carry, distribute, & administer in all 50 states. This widespread legality & accessibility underscore the importance of our take-home measure, enabling individuals, including event staff & attendees, to actively contribute to addressing opioid overdoses & saving countless lives.





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### **Safety Supplies Distribution**

In our commitment to fostering a safe & comfortable environment for event attendees, Harm Reduction Circle takes pride in delivering a comprehensive array of over 20 harm reduction essentials. These essential supplies are thoughtfully curated to address diverse needs, promoting well-being & safety throughout the event. Among these essentials are items such as condoms, emphasizing our dedication to promoting safer sexual practices within nightlife settings. The distribution of high-quality earplugs is a standard practice, safeguarding attendees from potential hearing damage associated with loud music, thereby prioritizing sensory health.



Additionally, face masks & hand sanitizer contribute to overall hygiene, especially pertinent in crowded & dynamic event spaces. We provide sunscreen to attendees, acknowledging that outdoor events or daytime activities are common within the nightlife scene. Moreover, the inclusion of baby wipes & feminine hygiene products demonstrates our commitment to inclusivity & ensuring that individuals of all genders and needs are supported.

Complimentary water, snacks *(inclusive of vegan-friendly options)*, & hot coffee & tea are extended to attendees. This ensures

that participants remain hydrated & nourished throughout the event, which is especially crucial in promoting responsible alcohol consumption & overall well-being.

Our provision of these harm reduction essentials extends beyond mere material support. It reflects our dedication to creating a holistic & supportive environment, where individuals can engage in nightlife activities while prioritizing their health & safety. Through these thoughtful inclusions, we strive to enhance the overall experience for event attendees & contribute to a culture of well-informed & responsible enjoyment within the nightlife community.



#### **Sexual Health & Wellness**

In the vibrant nightlife scene, where social connections & interactions abound, embracing sexual health & wellness is a cornerstone of our harm reduction efforts at Harm Reduction Circle. Understanding the unique dynamics & challenges of these dynamic settings, our Duel-Ended Sexual Health & Wellness Initiative is a dedicated endeavor to promote a safer, more informed approach to conversations around sex within the nightlife community. Going beyond the mere distribution of essential sexual health supplies, we strive to cultivate a supportive atmosphere that encourages open & respectful conversations about sexual well-being. Through discreet & easily accessible channels, we provide an array of resources, including condoms & various protective measures, empowering individuals to make informed & responsible choices regarding their sexual health.

Complementing the distribution of supplies, the Duel-Ended Sexual Health & Wellness Initiative encompasses comprehensive educational materials and engaging workshops. These resources cover a diverse spectrum of topics, ranging from the significance of consent & responsible sexual behavior to practical strategies for preventing sexually transmitted infections (STIs). Our aim is to equip individuals with knowledge & resources that demystify sexual health, break down stigmas, & foster an environment where everyone can engage in consensual & safe interactions. Through this initiative, we foster a holistic approach to nurturing a culture of responsibility & well-being within the nightlife community. By seamlessly integrating comprehensive sexual health & wellness into our harm reduction framework, we contribute to creating a more informed, empowered, & healthier nightlife experience for all attendees.





### **Training Workshops**

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#### Community Training Workshops

Our commitment to promoting health & safety within the nightlife community is exemplified through our comprehensive approach to community training workshops. These tailored sessions serve as a crucial tool in empowering individuals & organizations with the knowledge & skills necessary to actively contribute to harm reduction efforts. Our community workshops cover a spectrum of vital topics, beginning with the **Principles of Harm Reduction** where attendees gain insights into evidence-based strategies that prioritize well-being, & creates a culture of responsible enjoyment, & provide a solid framework for individuals to make informed decisions about substance use. **Overdose Response** is a focal point in our workshops, equipping attendees with the skills needed to recognize & respond effectively to overdose situations. The inclusion of **Trip Sitting Techniques** acknowledges the multifaceted nature of experiences related to substance use.

Our workshops delve into strategies for providing support & guidance to individuals undergoing challenging or overwhelming situations, promoting a compassionate & understanding approach within the nightlife community. By instilling best practices tailored to the event environment, we contribute to creating a more welcoming, informed, & inclusive space for all attendees. Through this proactive approach, we aim to shape a community that values responsible choices, mutual support, & create a proactive & vigilant community that can collectively address emergency scenarios, potentially saving lives.

#### Staff & Crew Training Workshops

For event staff & crew, available training opportunities go beyond standard protocols. We offer flexibility in delivering training, allowing for pre-event sessions or on-site training during the event itself. Recognizing the pivotal role of event staff & crew in shaping the atmosphere of an event, we strongly encourage hosting an on-site training session before guests arrive, ensuring that those working behind-the-scenes are well-prepared to handle various scenarios. By actively involving event staff & crew in our harm reduction training, we contribute to the creation of a more welcoming, informed, & prepared atmosphere for all attendees.

Our various training encompass numerous crucial aspects. First, our **Overdose Response Training (either Crash Course, or Comprehensive)** covers practical skills & provides each staff & crew member with Narcan Nasal Spray to respond effectively to opioid overdoses. Additional training options cover **De-Escalation & Conflict Resolution** emphasize a coordinated & compassionate approach to handling challenging situations, **Event Safety Measures, Effective Communication Strategies, Crowd Management Techniques, ADA Accommodation Guidance, & Compassionate Interventions** focused on promoting a safe & inclusive environment.





#### **Experienced Team of Volunteers**

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Our commitment to promoting health & well-being is exemplified through our dedicated team of caring & well-trained volunteers. Comprising hundreds of individuals across the United States, our volunteers undergo a rigorous in-house training program, ensuring they are well-equipped to provide high-quality, evidence-based strategies that positively impact event attendees.

The selection process for our volunteers is meticulous, emphasizing the importance of shared values and a commitment to our mission. We carefully choose top-quality candidates who bring compassion & dedication to their roles, many of which contribute their lived experience. Our diverse pool of volunteers play a pivotal role in delivering our harm reduction services, contributing to the overall safety & well-being of the nightlife community. Each of our volunteers contribute an integral part of the harm reduction framework, offering support, guidance, & provide vital information to enhance the overall experience for event attendees.



Harm Reduction Circle does <u>NOT</u> claim to be a medical group, nor do we claim to provide medical services. We acknowledge the significance of having both harm reduction <u>AND</u> medical professionals at nightlife events.



#### **Transportation Services**

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Prioritize attendee well-being with our Transportation Services, providing safe and convenient options during the event. While organizers must supply a golf cart for these services, our team ensures secure transportation, contributing to an overall safer environment. By offering reliable transportation, we enhance the accessibility and enjoyment of the event for all attendees.

### ADA Accommodation Team

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Our ADA Accommodation Team specializes in ensuring that harm reduction services and event facilities are accessible and inclusive for individuals with disabilities. Trained to provide assistance with mobility, communication, and other specific needs, this dedicated team works in collaboration with organizers. To facilitate accessibility, organizers are required to provide a golf cart, reinforcing our commitment to making events more welcoming and equitable for everyone.

# Emergency Response Team

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Maintaining a dedicated Emergency Response Team, we stand ready to respond to emergencies such as overdoses or medical crises. While we do not provide medical or first-aid services, our team collaborates seamlessly with local emergency services when necessary. This integrated approach ensures a swift and coordinated response to critical situations, prioritizing the safety and well-being of all event participants.



### **Regions We Service**

Harm Reduction Circle began our mission to bring harm reduction to nightlife events in Southern California, however we've expanded to serve communities across California, Arizona, Colorado, Oregon, Nevada, Utah, & other western states.

We are open to discussing serving events outside of these areas on a case-by-case basis.





### **Additional Nightlife Services**

~ Available Upon Request ~

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Our commitment to comprehensive harm reduction extends beyond what we consider the essentials, & we are pleased to offer a diverse array of additional services upon request. These optional services are designed to cater to the unique needs & preferences of each event, further enhancing the overall harm reduction experience.

Launching in 2024, we are thrilled to introduce a unique addition to our additional services—**Roaming Homies with Onewheels**. These Personal Electric Vehicles (*PEVs*) provide our harm reduction team with swift mobility, effortlessly gliding through the event grounds to cover large areas quickly & effectively. Utilizing up to 6 Onewheels, we enhance the visibility of our harm reduction presence, ensuring that attendees experience a supportive & visible presence throughout the entire event.



For those seeking a supportive presence during challenging experiences, our **Trip Sitting Support Services** provides individuals with assistance & guidance. The **Lost & Found Service** ensures that misplaced items are recovered & returned to their owners, contributing to a stress-free environment for attendees. Collaborating with local partner organizations, we extend our services to include a **Mobile HIV Testing Unit**, contributing to broader health initiatives at events. In the age of technology, our **Cell Phone Charging Station** provides a convenient solution for guests to keep their devices powered throughout the event.

For discreet & safe needle disposal, our **Needle Exchange Services** offer a discrete solution to minimize potential risks. Understanding the importance of personal responsibility, our optional **Reagent Test Kits for Purchase** empower individuals to take charge of their substance use by offering tools for self-testing. For those inclined towards creative expressions, our **Kandi Making Station** offers a unique & artistic outlet—especially great for events with young children. Another great component for family-friendly events is our **Lost Child Landmark** service which provides peace of mind for parents & guardians by establishing a designated point for reuniting with lost children.

This range of additional event services reflects our commitment to tailoring harm reduction support to the unique context of each gathering, ensuring a well-rounded & customized approach to promoting health, safety, & responsibility. However...

If there is a need for additional services or components to complete a Harm Reduction Plan, we welcome discussions about incorporating supplementary elements that enhance the well-being, safety, & responsibility of event attendees. Collaboration is key to designing a Harm Reduction Plan that precisely aligns with the unique requirements of your event!



#### Tell Us What You Envision for Harm Reduction!

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Harm Reduction Circle proudly offers personalized harm reduction services for events, engaging in a collaborative process with organizers to craft a plan that addresses the distinctive risks associated with each gathering. Organizers retain complete control over the services provided, ensuring a safe & secure environment for attendees. Recognizing the individuality of each event with its unique challenges & considerations, our approach involves close cooperation with organizers to tailor a harm reduction plan that aligns seamlessly with the event's specific characteristics.

Whether it's a music festival, nightclub event, or any other gathering, our team works hand in hand with organizers to comprehend the dynamics, potential risks, & specific requirements of the event. This collaborative process empowers organizers to make well-informed decisions about the harm reduction services they want to integrate, allowing them to create a customized plan that harmonizes with their vision for a safe & enjoyable event.

We place value in partnerships where safety, inclusivity, & responsibility take center stage. Our commitment to customizable harm reduction services reflects our dedication to meeting the unique needs of each event, ensuring a positive & secure environment for all attendees. As we work to develop a custom Harm Reduction Plan that meets & exceeds expectations, we are open to discussions about additional services that can contribute to the well-being, safety, & responsibility of event attendees. Let's work together to create a harm reduction plan that perfectly suits the needs of your event.

https://tinyurl.com/bookHRC2024

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### Got Questions

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If you have questions or concerns about bringing us to your upcoming event please don't hesitate to reach out via email at <u>booking@harmreductioncrcle.org</u> & you'll receive a response within 48 hours! Our organization sincerely looks forward to partnering with you & working together to benefit our communities!

We can't wait to hear back from you soon, thank you!

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